



**brussels
airport**

the heart of Europe

**BRUSSELS
MARATHON
& HALF MARATHON 2024**

03.11.2024

www.brusselsairportmarathon.be

Dear runner,

It is great to have you at the 19th edition of the Brussels Airport Marathon & Half Marathon.

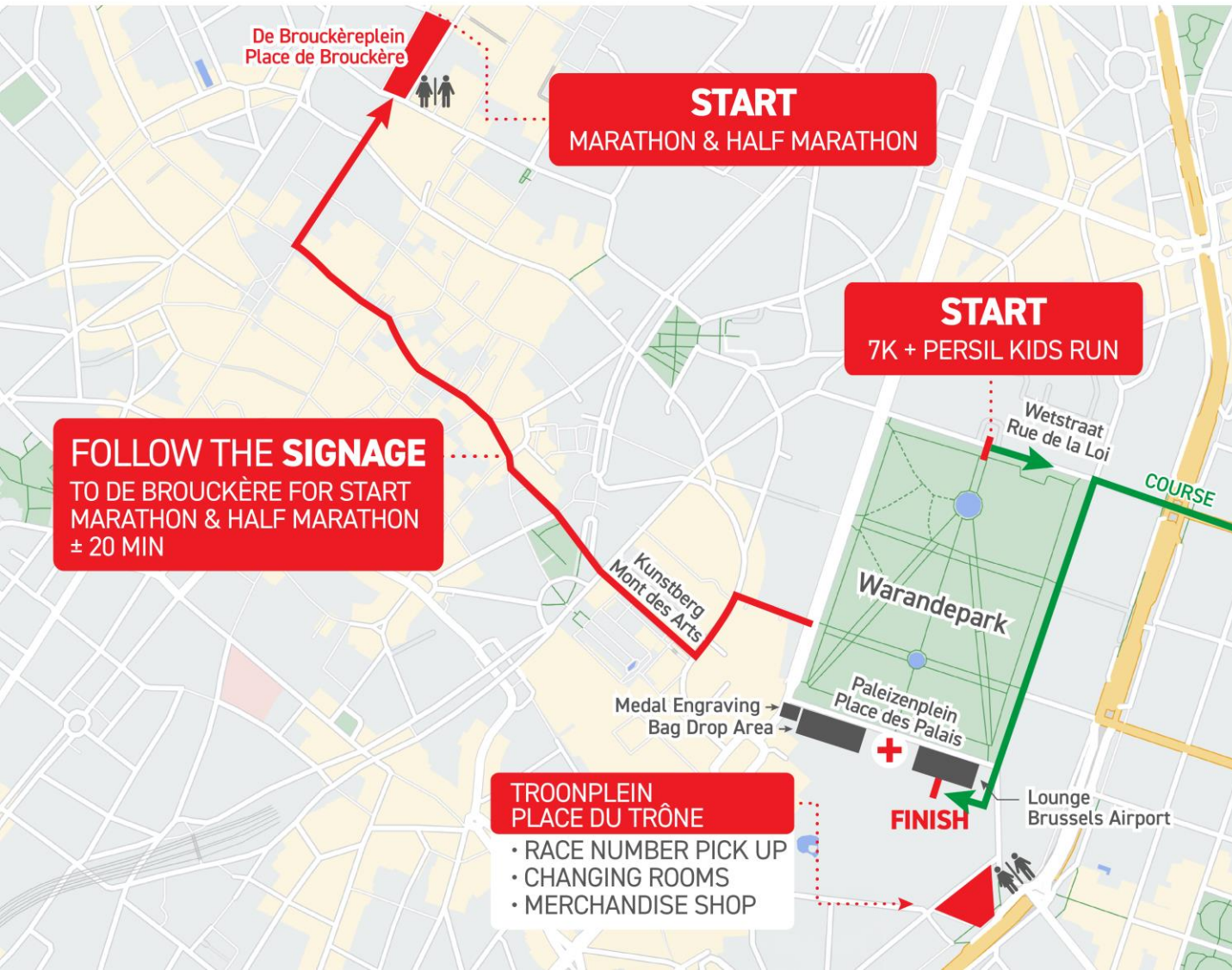
This runners' guide will provide you with all the important information about your run, allowing you to appear at the start of your race without a care in the world.

Good luck and see you on November 3!

Team Brussels Airport Marathon & Half Marathon

BEFORE THE RACE

Locations



Place du Trône

- Pick-up bib numbers and T-shirt
- Changing rooms
- Merchandise shop

Place des Palais

- Bag drop area
- Medal engraving
- Start 7K & Persil Kids Run
- Finish all distances

De Brouckère

- Start Marathon & Half Marathon
- **ATTENTION: 20 min walk from Place des Palais to De Brouckère!**
- Click [HERE](#) to get the route

How to get there?

We advise everyone to use public transport as much as possible!

By foot or by bike

Place des Palais, Place du Trône and de Brouckère are easily accessible on foot or by bike. Additionally, on de Brouckère there is secure bicycle parking Cycloparking Brussels where you can leave your bike without any worries.

By Public Transport

The nearest tram stop for Place des Palais is 'Paleis' (100 metres; trams 92 and 93).

The Parc metro station (lines 1 and 5) and the Trône metro station (lines 2 and 6) are also nearby.

Here is the start of the 7K and Persil Kids Run and all participants can collect their bib number here.

The marathon and half marathon starts on de Brouckère. Metro lines 1 and 5, and tram lines 3 and 4 stop there.

It is easy to pay contactless on all MIVB modes of transport, that way you pay the lowest fare, and it means you don't have to queue at the ticket machines.

By car

If there is no other alternative, Brussels will of course also remain accessible by car. Please note: Brussels is an LEZ zone. **Brussels Park and Rides** are free in combination with the metro.

When coming to Brussels by car, we recommend to follow the signs to the available car parks. The easiest is to park in one of the parking garages outside the Vijfhoek, in the Rogier zone or Kunst/Wet zone. The car parks are 5-10 minutes' walk from Place des Palais and de Brouckère.

Pick- up starter pack – opening times

Where? Place du Trône

Collection bib numbers:

- Saturday 2 November between 10am and 6pm
- Sunday 3 November between 7.30am and 9.30am

Avoid the crowds on Sunday by collecting your bib number on Saturday!

- Registered as part of a group or business with group collection? Individual collection of bib number will NOT be possible! Make suitable arrangements with your group leader about where and when you can collect your bib number.
- If you want to collect someone else's bib number, you can only do so upon presentation of their confirmation email containing start number or e-ticket.

Looking for you start number? Find it on [our website](#)

Would you like to change your distance or name?

Change of name

Did you take over the bib number from someone else?

1. Get the bib number with the confirmation email from the person from whom you have taken over the start number
2. Have your details changed at the stand 'change of name/distance' and receive a new bib number.

Do not forget to bring your ID. For a change of name there is a € 5 administration cost.

Change of distance

Would you like to change your distance?

1. First pick up your bib number
2. Change your distance at the stand 'change of name/distance' and get a new start number.

Changing to a lower distance is free of charge. For a higher distance, the difference in price will be charged.

Programme

- **8.45am** – start Persil Kids Run @ Place des Palais
- **9.00am** – start 7K @ Place des Palais
- **9.00am** – start half marathon @ Place de Brouckère
- **9.45am** – start marathon @ Place de Brouckère
- **3.30pm** – last finisher and end event

- Finish all distances @ Place des Palais

Carefree start

1. Collect your bib number and (optional) T-shirt – Place du Trône
2. Take your sports bag at the bag drop zone (optional) – Place des Palais
3. Pin on your bib number and walk to the start
 - Place des Palais (7K & Persil Kids Run)
 - 8.45 am: Start Persil Kids Run
 - 9.00 am: Start Brussels Airport 7K
 - De Brouckère (Marathon & Half Marathon) **!! 20 min walk to get there from Place des Palais!!**
 - 9.00 am: Start Brussels Airport Half Marathon
 - 9.45 am: Start Brussels Airport Marathon
4. Join the start box that most closely matches your anticipated finish time (does not apply for 7K)
5. Enjoy the race!

Bib numbers*



brussels airport
the heart of Europe

Gwenaël

1



BRUSSELS AIRPORT MARATHON 2024

Marathon



brussels airport
the heart of Europe

Auxence

4001



BRUSSELS AIRPORT HALF MARATHON 2024

Half Marathon



brussels airport
the heart of Europe

Hafid

20001



BRUSSELS AIRPORT 7 KM 2024

7K

*Personalised bib numbers are only available to participants who registered before 15 October.

Bag drop area

You can drop off your sports bag at the 'bag drop area' that opens at 7.30am on Sunday.

1. Your participant pack contains a sticker with the same number as your bib number.
2. Stick this sticker on your bag and drop it off at the Bag Drop Area.
3. Report to the tent that matches your start number.
4. You can pick up your bag ONLY upon presentation of your bib number.
5. Make sure you have a (sports) bag you can close to put all your stuff in, loose items of clothing will not be accepted.
6. Sports bags can be collected until 3:45pm.



PUT THIS LABEL ON YOUR BAG
& DROP IT AT THE BAG DROP AREA



PUT THIS LABEL ON YOUR BAG
& DROP IT AT THE BAG DROP AREA



PUT THIS LABEL ON YOUR BAG
& DROP IT AT THE BAG DROP AREA

Exclusive Event T-shirt

If you ordered the event T-shirt when registering, you can pick it up - using the envelope of your bib number - from the registration area on Saturday or Sunday.

Marathon runners have the T-shirt included in their starter pack.

T-shirts will also be on sale on site (€29.95) from the merchandise shop, while stocks last.



Merchandise shop

Be sure to take a look at our merchandise shop right next to the registration area at Place du Trône. Here you will find the unique Brussels Airport Marathon clothing line in cooperation with Craft!

Opening times:

- Saturday 2 November: 10am-6pm
- Sunday 3 November: from 7.30am



THE RACE

Start procedure

There will be 17.000 participants at the start on Sunday 3 November.

That is why we ask you to pay special attention to the start procedure.

It is important to make your way to the correct startbox, the one that corresponds with your anticipated finish time (Marathon & Half Marathon). This improves the running comfort for you and all other participants. That way, everyone around you will run at a similar pace.

Start procedure Half Marathon

We would like you to start in the startbox of your anticipated finish time.

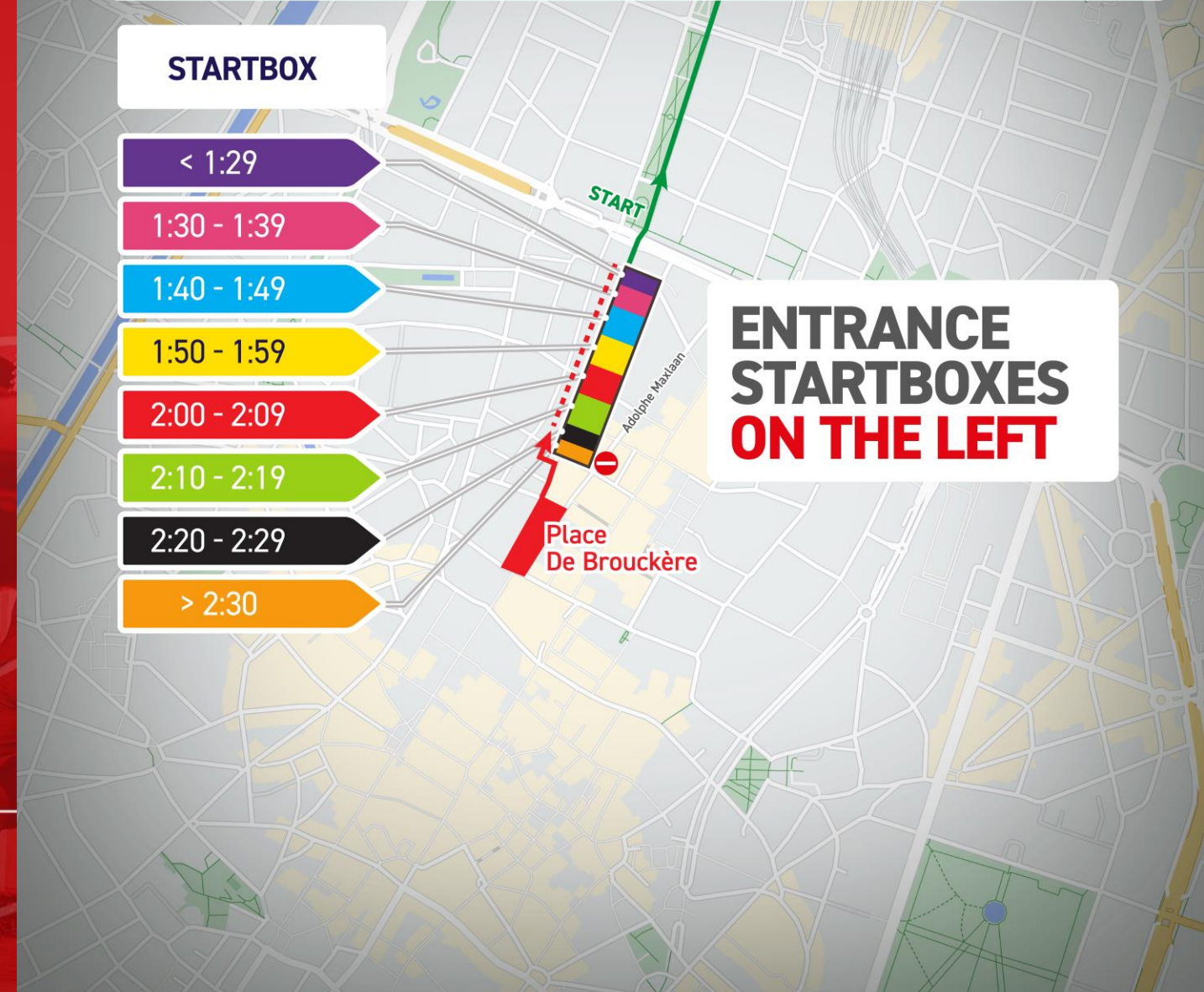
The entrance to the starting boxes is located **LEFT** for the half marathon runners. No access is possible along the right side.

HALF MARATHON

STARTBOX: OPENING TIME: 8:30 - CLOSING TIME: 8:55

STARTBOX

- < 1:29
- 1:30 - 1:39
- 1:40 - 1:49
- 1:50 - 1:59
- 2:00 - 2:09
- 2:10 - 2:19
- 2:20 - 2:29
- > 2:30



**ENTRANCE
STARTBOXES
ON THE LEFT**

Start procedure Marathon

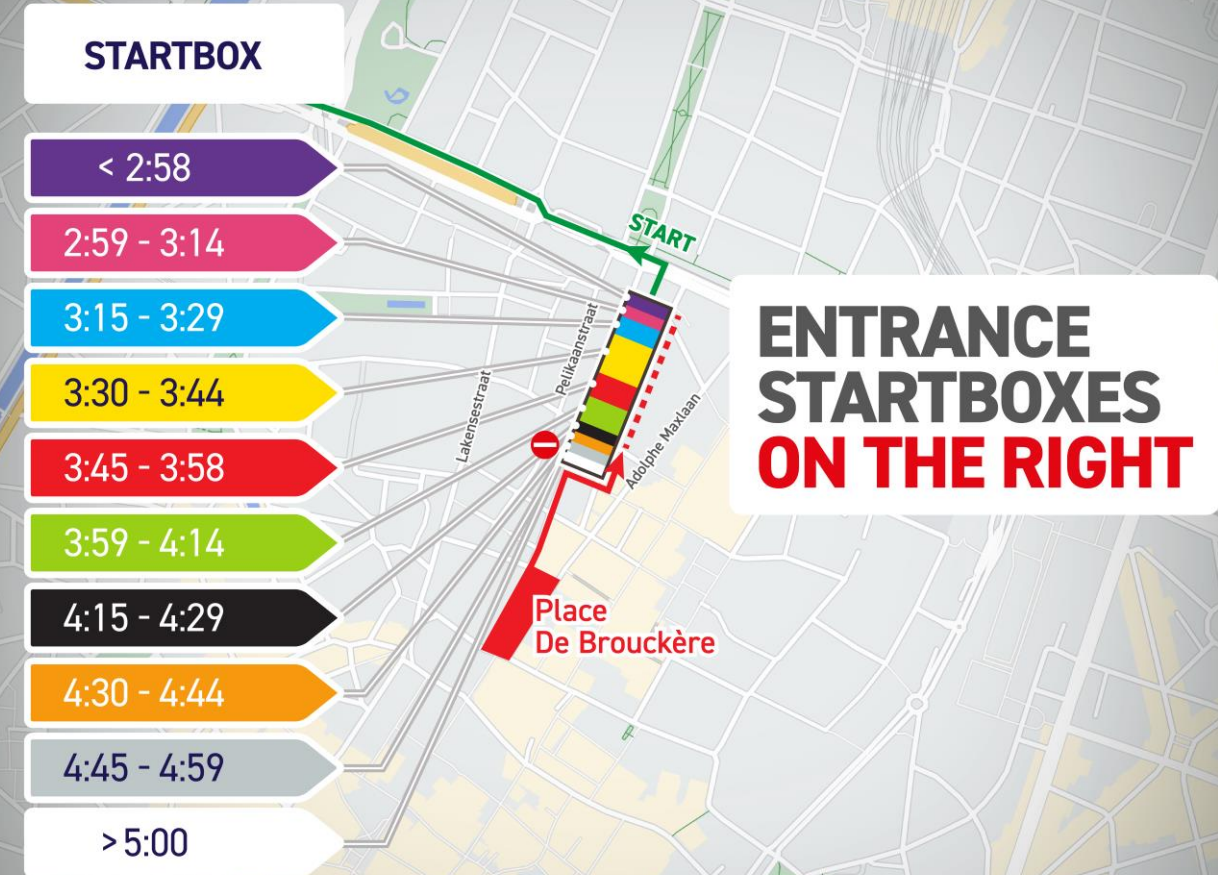
We would like you to start in the startbox of your anticipated finish time.

The entrance to the starting boxes is located **RIGHT** for the marathon runners. There is no access from the left side.

The start boxes open at 9:25 am, after the runners of the half marathon have left.

MARATHON

STARTBOX: OPENING TIME: 9:25 - CLOSING TIME: 9:40



Sportoase pacer team

A number of very experienced, mainly Belgian ultra-runners led by Marnix Callewaert and Ivan Hostens, have committed to be pacers. They will be easily recognisable in their starting grids thanks to their coloured flags showing the finish time.

A bracelet is provided for each participant: it shows the split times you have to run to reach your desired finish time. A useful reminder during the race, that you simply wear around your wrist! These are free to pick up on Saturday or Sunday at the registration area at Place du Trône.

MARATHON		HALF MARATHON	
2h59	pink flag	1h30	pink flag
3h15	blue flag	1h40	blue flag
3h30	yellow flag	1h50	yellow flag
3h45	red flag	2h00	red flag
3h59	green flag	2h10	green flag
4h15	black flag	2h20	Black flag
4h30	orange flag	2h30	Orange flag
4h45	grey flag		
5h00	white flag		



Marathon course

REFRESHMENT STATIONS

5 km	Wine gums, salted biscuits, AA Drink Isolemon, water	30 km	Wine gums, salted biscuits, bananas, AA Drink Isolemon, water
10 km	Wine gums, salted biscuits, AA Drink Isolemon, water	32 km	Wine gums, salted biscuits, AA Drink Isolemon, water
15 km	Wine gums, salted biscuits, bananas, AA Drink Isolemon, water	35 km	Wine gums, salted biscuits, AA Drink Isolemon, water
20 km	Wine gums, salted biscuits, AA Drink Isolemon, water	40 km	Wine gums, salted biscuits, AA Drink Isolemon, water
25 km	Wine gums, salted biscuits, AA Drink Isolemon, water	Finish	AA Drink Isolemon, water, Fulfil bar

[Check out the detailed course](#)

Drinks are served in reusable cups. Thanks to throw them in the indicated zones after the refreshment station. There are toilets at every refreshment station.

MARATHON



Half Marathon course

REFRESHMENT STATIONS

4 km	Wine gums, salted biscuits, bananas, AA Drink Isolemon, water
6 km	Wine gums, salted biscuits, bananas, AA Drink Isolemon, water
10 km	Wine gums, salted biscuits, AA Drink Isolemon, water
13 km	Wine gums, salted biscuits, AA Drink Isolemon, water
18 km	Wine gums, salted biscuits, AA Drink Isolemon, water
Finish	AA Drink Isolemon, water, Fulfil bar

[Check out the detailed course](#)

Drinks are served in reusable cups. Thanks to throw them in the indicated zones after the refreshment station. There are toilets at every refreshment station.



7K course

No supplies provided on the course, only at the finish line.

Finish: AA Drink Isolemon, water, Fulfil bar

[Check out the detailed course](#)



No cyclists!

The Brussels Airport Marathon is a runners' event with refreshment stations at +/- every 5 km. In addition, there will be more than 17.000 participants at the start. So, there is no space for cyclists on the course.

Out of respect for your fellow runners, we urge you to ban "supporters on bikes". In this crowd of participants, they would cause annoyance and frustration. The organisers will be conducting checks along the course.

On behalf of all participants: Thank you very much!

AFTER THE RACE

Results

Your fan club will be able to follow every move via the “live results” page. This page will be on [the website](#) from Saturday onwards.

You will be able to find live split times here and your end result after the race.

Engrave your finish time on your medal!

Did you opt for medal engraving when you signed up? Then you can have your medal engraved at the 'medal engraving' stand right by the bag drop area at Place des Palais showing the pictogram on your bib number. Not to worry if you did not preorder this, you can also have your medal engraved for €12 on site.



Volta Natura massage booth

Keep your muscles supple after the run.
VoltaNatura treats you to a massage after the race. Pamper yourself at their stand close to the bag drop area at Place des Palais.

Because recovery is at least as important as the preparation!



Say cheese!

Your personal action shots by Sportograf

SPORTOGRAF.COM is the official photo service of the Brussels Airport Marathon. These photographers have built a good reputation over the past years with their fully digital service and affordable prices. They are real sports fanatics who like to take the best possible photos of each participant. Will you be able to spot them on the course and at the finish?

You can order these one day after your participation using [this link](#). You can find more info on how your photos will be handled [here](#).



Let's make it an unforgettable day together!

- Be considerate & have fun!
- Don't forget to have fun and enjoy the wonderful surroundings and the many animations along the course.
- Listen to your body. If at any time you do not feel well, stop for a while. If the sensation persists, stop completely
- Also brighten up the day of all volunteers by thanking them and showing them a smile.
- Make it into an unforgettable day for you and your fellow runners.

